

POLICY

It is the policy of the Michigan Department of Human Services Bureau of Juvenile Justice (BJJ) that youths will participate in safe and appropriate recreational and leisure activities to enhance successful rehabilitation, physical and mental development, and positive social interaction.

PURPOSE

This policy ensures youth participation in structured recreational and leisure activities.

DEFINITIONS

See JRG, JJ Residential Glossary.

**RESPONSIBLE
STAFF**

Designated in the facility standard operating procedure.

PROCEDURE

Each facility is required to develop and implement standard operating procedures (SOPs) relative to the involvement of youths in recreational and constructive leisure time activities. At a minimum, these SOPs must contain the following requirements:

Activity Protocol

Activity planning considers:

- The specific needs, interests and capabilities of their population, including gender-specific needs.
- The physical plant and space.
- Safety and security, avoiding activities that involve a substantial risk of injury.

**Activity
Schedule
includes**

Posted schedule includes designated times for recreational, leisure and physical activities.

**Equipment
Inventory
Inspection**

Schedule includes at least one (1) hour each weekday and two (2) hours on weekend days of large muscle recreational activities and includes supervised leisure activity each day.

Recreational and leisure activities may be restricted due to:

- Documented medical restrictions.
- Disciplinary reasons.
- Security concerns.
- Emergencies.

To the extent fiscally feasible, a variety of recreational equipment and leisure time supplies are available for the youth.

Recreational equipment and leisure activity supplies are inventoried after each use.

Recreational areas are carefully inspected before and after each use.

Record the recreation and/or leisure activity in the daily log.

AUTHORITY

Social Welfare Act, MCL 400.115a(1)(l)